Welcome to

**BEFORE & AFTER** School Age Care

At

Wales Street **Primary** School.

Come **and say** hello anytime and visit **us in the**

**LTC Portable.**

This is the LTC building near the oval
The educators that look after us.

You are welcome to speak to any of the educators to help you learn new things such as art and craft, teach you new sports skills, computers etc. We are all good listeners and would like to get to know you and your family.

**When the bell rings** at the end of the school day, we walk with friends or by ourselves to After Care.

If you do not go straight to aftercare after the bell, an educator will phone our parents to see where we are or if we were at school that day.

When we get to After Care we hang **OUR BAGS ON THE HOOKS** in the corridor.

| ✓ | Throwing bags on the floor could cause someone to fall. |

![Image of child hanging up a bag](image1.png) ![Image of bags on the floor](image2.png)
We then line up at After Care to get our names marked off on the daily roll.

- We hang out with our friends and educators either inside or outside until everyone arrives.
- Sometimes we have large or small group discussions.
- We discuss issues and problems that sometimes happen at Before or After Care and develop group resolutions to fix the issue.
- We also discuss any special announcements and other important information the educators need to tell us.
**WASHING OUR HANDS BEFORE SNACK**

We wash our **hands with soap** and **dry our hands** with a paper towel **before having snack**.

**BREAKFAST**

At before care, educators helps us make our own breakfast. We have **cereal, porridge, TOAST** with spreads, raisin bread and milk.
AFTER SCHOOL SNACK - Our menus are based on healthy eating

AT AFTER CARE we get our afternoon snack in small groups and eat at the eating table. We always have yummy healthy snacks like platters of fruit and veggies, salads, soups, pasta, etc....

We rinse our own plates before placing them in the dishwasher after breakfast and snack

If you get thirsty we have a water tank.

✔ This is our water tank
THE KITCHEN

The **kitchen is out of bounds to children!!!**

It can be **dangerous** when **educators are cooking!!**

We are only allowed to go in the kitchen if an educator tells us that we can or if we are helping and setting up snack!

The **cups, plates and bowls are kept in the bottom cupboard under the food bench.**

We **ARE NOT** allowed to share or trade food that we bring from home. Any food out of our lunchbox needs to be checked by the educators. Some children have allergies to the food we may have in our lunchbox.

**SOME** children also have allergic reactions to rubber gloves, rubber balloons and to bees. Children with allergies can get sick very quickly.
PLAYING OUTSIDE

The **boundaries for playing outside** are: the **oval**, Adventure boat playground and the **asphalt area**.

**To be safe** – **ONLY play** where **staff are able to see you at all times**

From **September to May** we wear hats during outside activities. (We have a saying... “1st May ...HATS AWAY”)

These are the hats we can wear. No baseball caps are allowed.

We must remember to label our hats with our name

<table>
<thead>
<tr>
<th>Broad Brimmed Hat Legionnaires</th>
<th>Legionnaires Hat</th>
<th>Bucket Hat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brim of at least 7.5 cm</td>
<td></td>
<td>Brim of at least 6cm</td>
</tr>
</tbody>
</table>

Chill out Boulevard

We have a **quiet area/room** where **CHILDREN** can **RELAX**.

**Children** can **go and have chill out time in this room**.
We can listen to music, play board games, read books, play table tennis and air hockey. Generally just hang out.

✓ Everyone is in charge of cleaning and looking after this room.
✓ Sometimes children from grade 5 and 6 go in this space to do homework.
✓ (Only small groups of 12 children at a time are allowed in this room) All children are given opportunity to explore and enjoy this space.

At 4.00 after everyone has arrived at After Care.

We do a range of activities at SAC in the main room, the activities are woodwork, sewing, art, drawing, dress-ups, block & box construction. We use a lot of recycle materials at our program.

✓ Ask PERMISSION FROM an educator to get resources FROM THE STORE room!!!!!!!
✓ We have HEAPS OF COOL TOYS TO PLAY WITH. We take good care of them.
THE LEARNING AND IDEA TREE

How can we share our ideas for Before and After Care?
These can be shared by telling one of the educators your idea/s, using the communication book or placing a note on the learning tree.

✓ We have lots of outdoor equipment like balls, tennis racquets, Frisbees, skipping ropes, cricket stuff to play with when we go outside.

PACKING UP

✓ At 5.30 we help educators to pack up the outdoor equipment and take them back to the store room, we also pack up inside.
✓ We all help each other to get the place looking neat and tidy for the next day.
✓ After its tidy we play board games or sit and chat to educators.
Our boundaries & Rules

(Children code of conduct)

We have basic rules for the children to follow. These rules are developed with input from the children themselves to give them a sense of ownership over what happens within “their” space and are displayed around throughout the service.

Children’s Code of Conduct

<table>
<thead>
<tr>
<th>BOUNDARIES AND RULES</th>
</tr>
</thead>
<tbody>
<tr>
<td>At the start of the year in our group meetings we make a list of rules and boundaries. The rules are made for our safety.</td>
</tr>
</tbody>
</table>

Children must remember to come straight to After School Care from their classroom.

Children are not to leave school grounds for any reason. Children must wait until their parents come to collect them.

Children are required to stay within the After School Care boundaries and be supervised at all times.

Children are expected to be polite and show respect to all staff and each other. Disrespect of any kind (to staff or other children) will not be tolerated.

After using equipment, children must return it to its proper place so it will be there when needed next time.

Bullying, teasing and fighting etc will not be tolerated.

No climbing on balcony, stairs or trees.

Children must always wear their shoes and hats for outside play.
We will walk inside
- We will respect ourselves and others
- We will speak to others the way we want to be spoken to, with respect and dignity
- We will open our eyes to new things, and give them a go!
- We will stay where we can see staff (and they can see us) at all times
- We have the right to feel safe
- We say NO to bullying
- We will follow all of the rules of the Before & After Care
- We will stay sun safe while we are outside

No Put-Downs

To never use words, actions, and/or body language that make others feel uncomfortable.

Boathouse playground rules

Be careful when playing tiggy on the boat playground it can be dangerous.
Jumping off the boat playground platform can cause you to hurt yourself.
Running up to swing on the flying fox as fast as you can, can cause children to end up falling off.
Pushing children on flying fox may cause children to fall off and hurt ourselves
Listen to staff. We have to “stop” when staff ask us to... they don’t want us to get hurt.
Children cannot play at ANY playgrounds if no educators are there looking after us.

Remember these rules and if you play safely at the playgrounds you will not get hurt

We have only one toilet for girls and boys near the Before and After Care building, if you need to go to the outside toilet ask an educator and go in groups with a friend.
ACTIVE AFTER SCHOOL SPORTS AT AFTERCARE

Every Term we have 2 coaches that come from Active After School Communities. The coaches teach us sport skills like archery, dance, fencing, soccer, lacrosse and many other sports.

Keeping Active! These are some activities you can try:

- Playing on the oval
- Jumping rope
- Shooting hoops
- Singing
- Dancing
- Making music
- Kicking
- Running
So come to
Before and After school care
and
Sit down and have some fun!
Learn what it is we are learning.
See how we spend our day!
We look forward to seeing you

Play, Learn
and
Grow...Together!